From the Principal

‘Being a disciple means being constantly ready to bring the love of Jesus to others, and this can happen unexpectedly in any place: on the street, in a city square, at work or on a journey.’ Pope Francis

Principals Development Course – For three days last week, I was in Rockhampton attending the Leading with Integrity for Excellence program, with the other principals from the Rockhampton Diocese. This program is being provided by thebrowncollective. The program last week focused on the first two modules of Governance and Ethics, and was facilitated by Dr Stephen Brown and Tom Robertson along with other very inspirational presenters. The next module on Strategic Leadership will be presented in an online format for all principals to complete during next term before we return to Rockhampton in July for the final three modules of Responsible Stewardship, Safety and Wellbeing and Performance. The Leading with Integrity for Excellence program last week was a great opportunity for professional development and formation, as well as a time to collaborate with other principals regarding decisions they make in their schools every day. It was also a time to affirm that our school is a wonderful school with dedicated and committed teachers, supportive parents and delightful students.

Ash Wednesday – If there ever is a day of the year when you can spot Catholics at a glance, Ash Wednesday is it. It is the one time when Catholics literally wear their faith on their foreheads. Ash Wednesday marks the beginning of Lent for Catholics. The ashes we receive on our forehead in the shape of a cross serve as an outward sign of our sinfulness and need for penance. The tradition of receiving ashes has its origins in the Old Testament, where sinners performed acts of public penance. It was Pope Urban II who in the 11th century recommended that all Catholics take part in the practice of receiving ashes on Ash Wednesday. In the 12th century it became customary that the ashes used on Ash Wednesday were made by burning the previous year’s palm branches. The St Joseph’s teachers will lead the Ash Wednesday Mass at 9:00am on Wednesday in the church. All are welcome to attend.

Information from the Office of the eSafety Commissioner - “It is concerning when young people have been exposed to any content that scares them or plays on their emotions, like those reported via the Momo Challenge. Unfortunately, the Momo Challenge is not the first, nor will it be the last, harmful online “challenge” or phenomenon to target our children. Our research shows 81% of parents hand their child an internet-connected device by the age of 4, so active parental engagement and oversight of a child’s online activities is critical from the start, to help ensure they are prepared for what they may encounter. As young people often do not have the maturity or judgement to cope with confronting content online, it’s important to guide and instil critical reasoning skills, so they are aware that not everything they see or receive online is real.

We encourage parents to co-view, co-play, ask questions about the games and apps they are using, and let them know you are there to support them if they are upset or uncomfortable about anything they see online.

Parents concerned their child has been exposed to the Momo Challenge, or other upsetting content should: Ask their child if they have come across or heard about Momo. If they have, ask how it made them feel. Reassure your child and let them know they are safe and do not have to participate in the ‘challenge’. Let your child know they can come to you about anything they see online that makes them feel unsafe or uncomfortable, and contact Kids Helpline if they need further support.

Parents who are concerned their child may be susceptible to self-harm should be aware of the signs to look out for and know where to go for help – see more info here: https://www.esafety.gov.au/about/office/newsroom/blog/is-your-child-at-risk-of-self-harm-or-suicide

We encourage parents to visit www.esafety.gov.au/parent for information and advice on keep your child safe online.” (Information from the Office of the eSafety Commissioner)

Blessings for the week ahead,
Nikki Rutten

Important Dates

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>04 Mar</td>
<td>P &amp; F First Meeting for 2019 &amp; AGM</td>
</tr>
<tr>
<td>06 Mar</td>
<td>Ash Wednesday Mass</td>
</tr>
<tr>
<td>19 Mar</td>
<td>St Joseph’s Day Mass &amp; Activities</td>
</tr>
<tr>
<td>19 Mar</td>
<td>Year 6 Camp Parent Information Evening</td>
</tr>
<tr>
<td>02 Apr</td>
<td>Athletics Carnival</td>
</tr>
<tr>
<td>03 Apr</td>
<td>Athletics Carnival</td>
</tr>
<tr>
<td>05 Apr</td>
<td>Last Day Term 1</td>
</tr>
<tr>
<td>23 Apr</td>
<td>First Day Term 2</td>
</tr>
<tr>
<td>24 Apr</td>
<td>School Photo Day</td>
</tr>
<tr>
<td>25 Apr</td>
<td>ANZAC Day</td>
</tr>
<tr>
<td>26 Apr</td>
<td>Cross Country</td>
</tr>
</tbody>
</table>

Newsletter

Our Best for God and Country

St Joseph’s School Biloela

From the Principal

‘Being a disciple means being constantly ready to bring the love of Jesus to others, and this can happen unexpectedly in any place: on the street, in a city square, at work or on a journey.’ Pope Francis

Principals Development Course – For three days last week, I was in Rockhampton attending the Leading with Integrity for Excellence program, with the other principals from the Rockhampton Diocese. This program is being provided by thebrowncollective. The program last week focused on the first two modules of Governance and Ethics, and was facilitated by Dr Stephen Brown and Tom Robertson along with other very inspirational presenters. The next module on Strategic Leadership will be presented in an online format for all principals to complete during next term before we return to Rockhampton in July for the final three modules of Responsible Stewardship, Safety and Wellbeing and Performance. The Leading with Integrity for Excellence program last week was a great opportunity for professional development and formation, as well as a time to collaborate with other principals regarding decisions they make in their schools every day. It was also a time to affirm that our school is a wonderful school with dedicated and committed teachers, supportive parents and delightful students.

Ash Wednesday – If there ever is a day of the year when you can spot Catholics at a glance, Ash Wednesday is it. It is the one time when Catholics literally wear their faith on their foreheads. Ash Wednesday marks the beginning of Lent for Catholics. The ashes we receive on our forehead in the shape of a cross serve as an outward sign of our sinfulness and need for penance. The tradition of receiving ashes has its origins in the Old Testament, where sinners performed acts of public penance. It was Pope Urban II who in the 11th century recommended that all Catholics take part in the practice of receiving ashes on Ash Wednesday. In the 12th century it became customary that the ashes used on Ash Wednesday were made by burning the previous year’s palm branches. The St Joseph’s teachers will lead the Ash Wednesday Mass at 9:00am on Wednesday in the church. All are welcome to attend.

Information from the Office of the eSafety Commissioner - “It is concerning when young people have been exposed to any content that scares them or plays on their emotions, like those reported via the Momo Challenge. Unfortunately, the Momo Challenge is not the first, nor will it be the last, harmful online “challenge” or phenomenon to target our children. Our research shows 81% of parents hand their child an internet-connected device by the age of 4, so active parental engagement and oversight of a child’s online activities is critical from the start, to help ensure they are prepared for what they may encounter. As young people often do not have the maturity or judgement to cope with confronting content online, it’s important to guide and instil critical reasoning skills, so they are aware that not everything they see or receive online is real.

We encourage parents to co-view, co-play, ask questions about the games and apps they are using, and let them know you are there to support them if they are upset or uncomfortable about anything they see online.

Parents concerned their child has been exposed to the Momo Challenge, or other upsetting content should: Ask their child if they have come across or heard about Momo. If they have, ask how it made them feel. Reassure your child and let them know they are safe and do not have to participate in the ‘challenge’. Let your child know they can come to you about anything they see online that makes them feel unsafe or uncomfortable, and contact Kids Helpline if they need further support.

Parents who are concerned their child may be susceptible to self-harm should be aware of the signs to look out for and know where to go for help – see more info here: https://www.esafety.gov.au/about/office/newsroom/blog/is-your-child-at-risk-of-self-harm-or-suicide

We encourage parents to visit www.esafety.gov.au/parent for information and advice on keep your child safe online.” (Information from the Office of the eSafety Commissioner)

Blessings for the week ahead,
Nikki Rutten

Important Dates

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>04 Mar</td>
<td>P &amp; F First Meeting for 2019 &amp; AGM</td>
</tr>
<tr>
<td>06 Mar</td>
<td>Ash Wednesday Mass</td>
</tr>
<tr>
<td>19 Mar</td>
<td>St Joseph’s Day Mass &amp; Activities</td>
</tr>
<tr>
<td>19 Mar</td>
<td>Year 6 Camp Parent Information Evening</td>
</tr>
<tr>
<td>02 Apr</td>
<td>Athletics Carnival</td>
</tr>
<tr>
<td>03 Apr</td>
<td>Athletics Carnival</td>
</tr>
<tr>
<td>05 Apr</td>
<td>Last Day Term 1</td>
</tr>
<tr>
<td>23 Apr</td>
<td>First Day Term 2</td>
</tr>
<tr>
<td>24 Apr</td>
<td>School Photo Day</td>
</tr>
<tr>
<td>25 Apr</td>
<td>ANZAC Day</td>
</tr>
<tr>
<td>26 Apr</td>
<td>Cross Country</td>
</tr>
</tbody>
</table>
FROM THE APC

I Love Reading!

Isn’t that what parents want their child to say?

Parents worry and stress that their child isn’t reading. Is it because they don’t know how to? Are they still struggling with sounds and words? Are they not interested in reading?

The answer to these concerns is not to force reading upon children. Reading aloud is not going to work for every child. Put yourself in their place, how do you feel about reading aloud, without practise? It’s difficult isn’t it. That’s not to say that your child never reads aloud to you, but it’s not as straightforward as it seems. Try some of these suggestions:

- Let them read it to themselves first. Then read it aloud.
- You read it first, and then they read aloud.
- Take turns reading (page by page, line by line, it’s up to you).

There is a meme floating around Facebook at the moment (and of course now that I want it, I can’t find it), that says something like…

‘Listening to reading has never grown old otherwise audiobooks wouldn’t be so popular’

Of course it was probably written in a more succinct way, but you get the idea.

This is a conversation I’ve had with parents a lot over the years. Listening to someone read is a valid exercise when learning how to read, but also when he or she do know how to read. It might be you reading to your child but consider some alternates. The listen to the book CDs that you can buy in stores, or borrow from the library (you’ll know it’s time to turn the page when you hear a sound like this…), or on YouTube there is a large range of picture books that are being read, some by celebrities, or even astronauts.

Listening to someone read enthusiastically is a great way for your child to create a connection to reading and to a book.

It doesn’t matter the age. Audiobooks have become a big business and it’s aimed at humans of all ages. People love it. And if children love listening to a story on youtube…imagine how chuffed they would be to have you read to them. They might know how to read, but it doesn’t mean they shouldn’t be read to. Try it.

Until next week,
Claire Spence
Acting APC

FROM THE APRE

Welcome to Week 6 (Eighth Sunday in Ordinary Time).

Gospel Message – Luke 6:39-45 Each tree is known by its yield. The blind cannot lead the blind. A disciple cannot be a good disciple unless he or she has learned from the teacher. Everyone who is fully trained is like the teacher who knows how to cure the blind. Before you can be a good disciple and teach others, you must take care of yourself. Discipleship asks us to produce good deeds. But to produce them requires the integrity and purity of heart found in the teacher. When people see your good deeds, they will know that this is because you have a good heart.

Sunday Connection

Modelling good behaviour is one appropriate way for children to participate in the mission of leading others to Jesus. We must support children in understanding that Jesus teaches us to focus on our own behaviour rather than focusing our attention on judging others.

Virtue of the Week - DETERMINATION

Thank you to Miss Haynes and Year 3 for presenting the virtue of Determination at Assembly this morning.

Determination is defined as:
- Committing to meeting your goals - focusing your full attention on what is important
- Doing what it takes to follow through - finish what you start
- Being flexible and persevering

MJR Theme of the Week

This week’s MRJ focus is Believe In Yourself.

Our Lenten Journey 2019

This week we commence our Lenten Journey for 2019. As quoted by Bishop McCarthy, “This Wednesday, the liturgy of Lent calls us to prayer, fasting and good works. From the residue of a beautiful plant, black and grey ash is placed on our foreheads and we are reminded by our God to turn away from Sin and believe in the Gospel. Lent signals the period of repentance, beginning with each one of us individually. We are invited to turn away from Sin and believe in the loving forgiveness of our God. For 40 days, the Church invites us to fast regularly, pray regularly and engage in good works”. This week our teachers will discuss the importance and origins of Shrove Tuesday and Ash Wednesday in class. Lent is generally seen as a time to give up something for 40 days (as Jesus gave up food) however, instead of talking about giving things up for Lent, I encourage students to think about Lenten promises. It is easy to say that we’re going to give up chips or chocolate, the difficult part is carrying through with it. At home talk to your child/ren about something they could promise to do for Lent.

Caritas – Project Compassion

This year the 2019 Project Compassion theme, ‘Give Lent 100%’, is based on giving Lent 100% in the name of hope. Hope is one of the three pillars of Christian virtue. The other two being faith and charity. It is a powerful force for good and often helps to transform lives. Hope helps us to face life’s challenges and sustains us as we work alongside the most marginalised and vulnerable communities to achieve better lives. Based on God’s love for all, hope enables us to rise above our fears and helps those in great need to shape a better future for their communities. Lives change when we all give 100%. Caritas Australia

Ash Wednesday Liturgy

This Wednesday 6th March, the teachers will host an Ash Wednesday Mass in the Catholic Centre. All are welcome to attend our Mass at 9am.

Dates to Remember

Week 6 – Shrove Tuesday
Week 6 – Ash Wednesday Mass 9am
Week 7 – First Reconciliation, Thursday 14th March, 6pm

Yours in Faith Education,
Tina Knight
APRE
Term one fees due date for payment was Thursday 28th February. If you did not receive your fees or you have changed your email address please advise the office.

**USE OF PARENT CODE FOR DIRECT DEPOSIT PAYMENT OF SCHOOL FEES**

Please note that if you do not use your parent code when depositing funds into the school bank account your payment cannot be uploaded. You must use the 5 digit numerical code located at the top right hand side of your statement. If you cannot locate your parent code please contact the office. Descriptions such as your name and/or your name001 are not compatible with our payment system.

Please note this does not apply to payments set up through the school, payments made through BPAY/Parent Lounge or school camp and other sundry payments.

---

**P & F Meeting - Tonight 6pm**

Please remember our P&F wine & cheese AGM & first meeting of the year is tonight at 6pm in the school library.

**Thank You**

Thank you for supporting the frozen poppers we sold last week. It was nice to serve so many well mannered children with the profits donated to Vinnies North Queensland Flood Appeal.

**Supporter Shirts**

The supporter shirt order is on hold as we need these additional orders to meet the minimum requirements of 5 shirts per style:

- 3 x Blue House (Torsdale)
- 4 x White House (Greycliffe)
- 3 x Gold House (Kilburnie)

If you would like a shirt, please fill out an order form & return to the school office as soon as possible.

Spare forms are available from the school office.

---

**The Cathedral College will be visiting St Joseph’s Catholic Primary School, Biloela on Thursday 7 March at 12 NOON to meet with Year 5 & 6 students and interested Parents.**

Principal, Mr Rob Alexander and Assistant Principal: Boarding, Mr Ron Armstrong look forward to meeting you and answering questions about College and Boarding life at TCC.

The Cathedral College is a Catholic, Co-educational, Boarding College in the Diocese of Rockhampton. Visit our website [www.tccr.com.au](http://www.tccr.com.au) or Facebook page THE CATHEDRAL COLLEGE.

---

**Book Club**

Book club orders and money is due by Friday 15th March.
Thursday Helper: Jacinta Philips, Scott Klease. 
Thursday Baker: Natalie Gillies, Roz Gardner.
If you are able to volunteer to help or bake please let Mrs Klease know in the tuckshop.

Date Change for Week 7 (next week): The Tuckshop will be open Tuesday 12th March and closed on Thursday 14th March.

School Birthdays
04 March Greg 10
04 March Alexie 11
05 March Arthur 7

Making Jesus Real
The virtue for last week was Cheerfulness. Congratulations to the virtue of the week award recipients.

Leadership Groups
The Year 6 Outreach Leadership group visited Vinnies on Friday. The group will offer their services to work at Vinnies most Friday’s during this term. The students really enjoyed themselves sorting puzzles.
Creating opportunities for the younger students to get moving during playtime is the service provided by the Year 6 Recreational Group.
The obstacle courses are starting to get more elaborate but the popularity is increasing!

2019 term Dates
Term one: Last day - Friday 5 April (10 weeks)
Term two: Tuesday 23 April - Friday 28 June (10 weeks)
Term three: Monday 15 July - Friday 20 September (10 weeks)
Term four: Tuesday 8 October - Friday 6 December (9 Weeks)

Sunday Altar Servers:
10/03 - Ella Z and Nevindie B
17/03 - Connor L and Luke C
24/03 - William L and Tobias C
31/03 - Kiev T and Adam A

Congratulations to the Students of the Week!